



Lunch and Snack Menu

Monday	Carrot soup, smoked sausage & vegetable pasta, fresh fruit salad & mini meringues
	AM Snack: Choice of cereal & milk & banana PM Snack: Iced sponge cake & fruit
Tuesday	Cauliflower soup, chicken & vegetable pastry topped pie with mash, custard and fruit
	AM Snack: Mini cheese rolls & apple slices PM Snack: Traybake & fruit
Wednesday	Parsnip soup, pork burgers, potato wedges & vegetables, jelly & fruit cups
	AM Snack: Warm pancakes & honey & fruit PM Snack: Breadsticks & humous dip & fruit
Thursday	Burns Day cream of leek soup, haggis, neeps & tatties, cranachan
	AM Snack: Oatcakes & cheese & fruit PM Snack: Mini Tunnocks wafers & fruit
Friday	Winter warming soup with cheese & ham scones, semolina & fruit
	AM Snack: Mini sausage rolls, baby tomatoes & cucumber PM Snack: Banana loaf & fruit

All snacks are served with choice of milk or water

Lunch is served with a choice of diluted fresh juice or water

All snacks are served with either fresh fruit or vegetables

Should a child refuse to eat ANYTHING at lunch, bread and butter will be offered.

We will encourage as much as possible, but will never force a child to eat.