



Lunch and Snack Menu

Monday	Pea & mint soup, baked potatoes & fillings, jelly & fruit
	AM Snack: Toast & marmalade & fruit PM Snack: Flapjacks & fruit
Tuesday	Sweet potato & coconut soup, Gammon, veg & boiled potatoes, meringues & fruit
	AM Snack: Cereal & milk & fruit PM Snack: Lemon loaf & fruit
Wednesday	Cream of vegetable soup, mince, potatoes & veg, whipped dessert & fruit
	AM Snack: Digestive, dairylea, carrots & cucumber PM Snack: Scones & butter & fruit
Thursday	Mushroom & leek soup, vegetable lasagna & garlic bread, fresh fruit salad & yoghurt
	AM Snack: Pancakes & jam & fruit PM Snack: Shortbread fingers & fruit
Friday	Cauliflower cheese soup, chicken goujons, veg & roasties, rice pudding & fruit
	AM Snack: Brioche buns & honey & fruit PM Snack: Breadsticks & dip with carrot sticks

All snacks are served with choice of milk or water

Lunch is served with a choice of diluted fresh juice or water

All snacks are served with either fresh fruit or vegetables

Should a child refuse to eat ANYTHING at lunch, bread and butter will be offered.

We will encourage as much as possible, but will never force a child to eat.