



## Lunch and Snack Menu

<b>Monday</b>	Tomato & lentil soup, mixed vegetable omlette slice & green beans, rice pudding & jam
	AM Snack: Crackers, cream cheese & cucumber circles PM Snack: Crispie cake & fruit
<b>Tuesday</b>	Creamed broccoli soup, macaroni cheese & veg, fresh fruit salad & cream
	AM Snack: Home made tortilla chips & yoghurt dip PM Snack: Mini carrot cakes & fruit
<b>Wednesday</b>	Lightly spiced butternut squash soup, mixed wraps & salad, custard & fruit
	AM Snack: Warm toast & marmalade & fruit PM Snack: Just out the oven cookies & fruit
<b>Thursday</b>	Leek & carrot soup, turkey shepherds pie & veg, milky jelly & fruit
	AM Snack: Apple & sultana loaf & fruit PM Snack: Coconut biscuits & fruit
<b>Friday</b>	Split pea soup, cold gammon, sweet potato wedges & beans, custard & fruit
	AM Snack: Warm fruit scones & butter PM Snack: Oatcakes, cheese cubes & apple

All snacks are served with choice of milk or water

Lunch is served with a choice of diluted fresh juice or water

All snacks are served with either fresh fruit or vegetables

Should a child refuse to eat ANYTHING at lunch, bread and butter will be offered.

We will encourage as much as possible, but will never force a child to eat.